

LUNCH MENU

FIXED-PRICE MENU MONDAY – FRIDAY 12 NOON – 6PM

Two courses | 14.95 Three courses | 18.95

Choose from **FP** starters, mains & desserts

See our all-day menu for the full range of starters, mains and desserts

- SNACKS -

MADE IN HOUSE

COPPER MARANS SCOTCH EGG Golden beetroot piccalilli, cornichons | 3.95

CHERRY ORCHARD SAUSAGE ROLL Topped with seeds, finished with Stokes English mustard, brown sauce and cornichons | 3.95

BRITISH CHEESES Celery, grapes, onion chutney, sourdough bread and Fudge's nut biscuits
Choose three | 8.95 or five | 13.95

Made with unpasteurised milk – Lincolnshire Poacher | Sharpham Savour (v)

Cropwell Bishop Stilton (v) | Cenarth Brie (v)

Blacksticks Blue (v) | Fielding Cottage Wensum White soft goat's cheese (v)

- STARTERS -

FP HOME-MADE SOUP OF THE DAY See daily Specials menu (v) or (ve) | 6.25

FP PANKO-CRUSTED FRIED BRIE Sloe gin chutney (v) | 6.50

FP CREAMY PARIS BROWN AND OYSTER MUSHROOMS Blacksticks Blue, toasted English muffin (v) | 7.25

FP DUCK LIVER PARFAIT Spiced fruit chutney, pickles, toasted sourdough | 7.95

FP FRESHLY STONEBAKED GARLIC, MOZZARELLA AND ROCKET PIZZETTE (v) | 6.50

TEMPURA SQUID Preserved lemon aioli and furikake | 6.95

HENDRICK'S GIN-MARINATED SALMON GRAVLAX Beetroot, capers and dill crème fraîche on rye | 8.50

- MAINS -

SALADS & HEALTHY MAINS

SEARED SALMON FILLET Pan-fried samphire, broccoli and baby spinach, confit tomatoes and lemon olive oil
2367kJ/562kcal High in vitamin C* | 14.50

NOURISH BOWL Warm charred broccoli, beluga lentils, roasted chickpeas, hummus, seeds, pomegranate and lemon olive oil (ve) With chicken breast, tofu (ve) or halloumi (v). Rich in vitamin C* | 13.95

FP Without topping 2321kJ/553kcal | 10.95 **Add King prawns** 3.00 | **Salmon fillet** 4.00 | **Goats' cheese** (v) 2.50

FP CAESAR SALAD Cos lettuce, Parmigiano Reggiano, anchovies, pan-fried croutons and Caesar dressing | 10.95
With grilled chicken breast | 13.95

SANDWICHES & FRESHLY STONEBAKED PIZZETTES

All of our sandwiches and pizzettes are served with your choice of skinny fries or side salad

FP FILLET STEAK SANDWICH With caramelised red onion chutney, rocket and beef dripping sauce | 11.95

FP ROTISSERIE CHICKEN AND AVOCADO ON SOURDOUGH With rocket, seeds and preserved lemon aioli, served open | 9.50

FP FRESHLY STONEBAKED PIZZETTE OF THE DAY See daily Specials menu

FP SALMON GRAVLAX & DILL CRÈME FRAÎCHE OPEN SANDWICH Marinated in Hendrick's gin, with pickles and spinach, on toasted sourdough | 10.95

KALE, ONION & TURMERIC PAKORA OPEN SANDWICH With hummus, sun-blush tomato tapenade and baby spinach, on sourdough (ve) 1637kJ/390kcal | 8.95

CROQUE MONSIEUR Ham, béchamel and smoked Cheddar cheese toasted sandwich | 7.95
Make it a Madame with a fried egg | 8.95

ROTISSERIE & CLASSICS

- FP ROTISSERIE GAMMON IN ORANGE MARMALADE & BLACK TREACLE MARINADE** Fresh honeyed pineapple, heritage fried egg and twice-cooked chunky chips | 11.95
ROTISSERIE HALF CHICKEN *Finished with your choice of flavour: truffle, chimichurri or massaman* With skinny fries, garlic confit and preserved lemon aioli | 13.95
FRESHLY BEER-BATTERED LINE-CAUGHT COD & CHIPS Twice-cooked chunky chips, minted pea purée and tartare sauce | 13.95 *SWAP FISH FOR BATTERED HALLOUMI (v) | 12.95*
- FP LOBSTER & DEVON CRAB FISHCAKES** Asparagus, pea & truffle oil velouté, topped with crispy seaweed | 12.95
KING PRAWN, CRAB & CHORIZO LINGUINE Cooked in white wine, tomatoes, garlic and chilli 3078kJ/733kcal | 13.50
BUTTERMILK CHICKEN, SOMERSET BRIE & BACON PIE Creamed potato, cavolo nero, pan-fried oyster mushrooms and jus | 15.95
SLOW-ROASTED TOMATO, BASIL & ALMOND BAKE Roasted sweet peppers, oyster mushrooms and slow-roasted tomato tapenade (ve) | 13.95

DAY - BOAT FISH

Supporting the British fishing industry, we source fresh seasonal species landed by British boats into British ports around the UK coastline. Buying from around the whole coastline means we're able to source fish as it migrates, delivering the best possible quality.

See our Specials menu for the catch of the day

ON THE SIDE

Skinny fries & aioli (v) | 3.50

Twice-cooked chunky chips (ve) | 3.50

Crispy thyme baby potatoes (ve) | 3.50

Mac & Cheese (v) | 3.95

Crispy onion rings (ve) | 3.50

Halloumi fries & sweet chilli sauce (v) | 4.95

Samphire & baby spinach (ve) | 3.50

Charred broccoli (ve) | 3.50

Rocket salad with capers, pine nuts & lemon olive oil (ve) | 3.50

- TO FINISH -

See the full dessert menu for our range of coffees, loose-leaf teas, frappés and cocktails

- FP APPLE & RHUBARB CRUMBLE** Demerara crumb and vanilla custard (v) or soya custard (ve) | 5.95
FP VANILLA CRÈME BRÛLÉE With amaretti biscuits (v) | 5.95
FP HOME-BAKED CHOCOLATE BROWNIE Belgian chocolate sauce & Bourbon vanilla ice cream (v) | 6.25
FP BOURBON VANILLA ICE CREAM AFFOGATO Vanilla ice cream, hazelnut, vanilla or caramel flavour syrup, espresso and amaretti biscuit (v) | 5.50
SEASONAL BRITISH STRAWBERRY ETON MESS & CASSIS Meringue, amaretti biscuit, whipped cream and White Heron British Cassis (v) | 7.25
STICKY TOFFEE PUDDING Honeycomb ice cream (v) | 6.50

ROOM FOR A MINI PUD? ENJOY WITH A TEA OR COFFEE | 4.95

Choose from apple & rhubarb crumble (v), home-baked chocolate brownie (v) or crème brûlée (v). 350kcal or less

ALLERGENS & DIETARY REQUIREMENTS

Our food and drinks are prepared in food areas where cross contamination may occur, and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering. Our easy to use allergen guide is available for you to use on the food section of our website. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information.

(v) = made with vegetarian ingredients, (ve) = made with vegan ingredients, however some of our preparation and cooking methods could affect this. Dishes containing fish or chicken may contain small bones. Some of our dishes contain alcohol. *Vitamin C contributes to normal psychological function. All items are subject to availability. If you require more information, please ask your server. Please note an optional 10% service charge will be added to the bill for tables of 6 or more.